

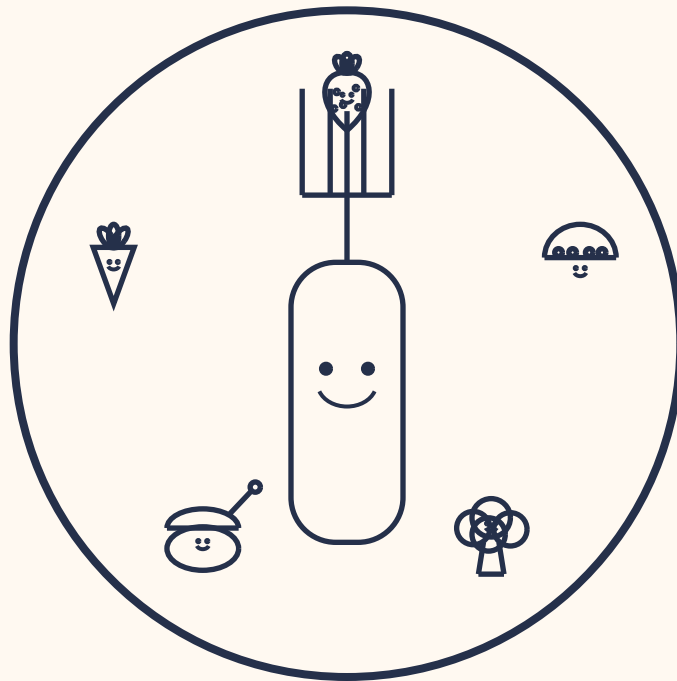


THE CURIOUS FORK CLUB

My First Food Adventure



Curiosity is always on the menu.



A free coloring + activity printable

Created by Delia Jo

@diningwithdeliajo x Disco Sol Studios



WELCOME, CURIOUS FORK!

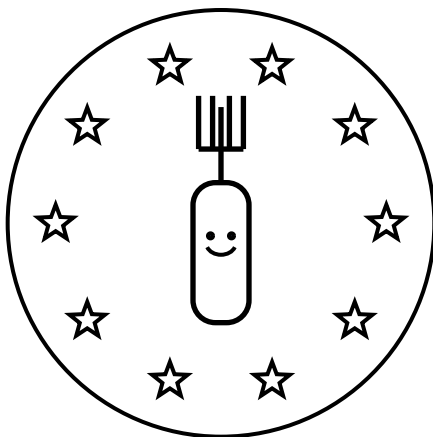
You do not have to love every food. You only have to stay curious.

THE CURIOUS FORK PROMISE



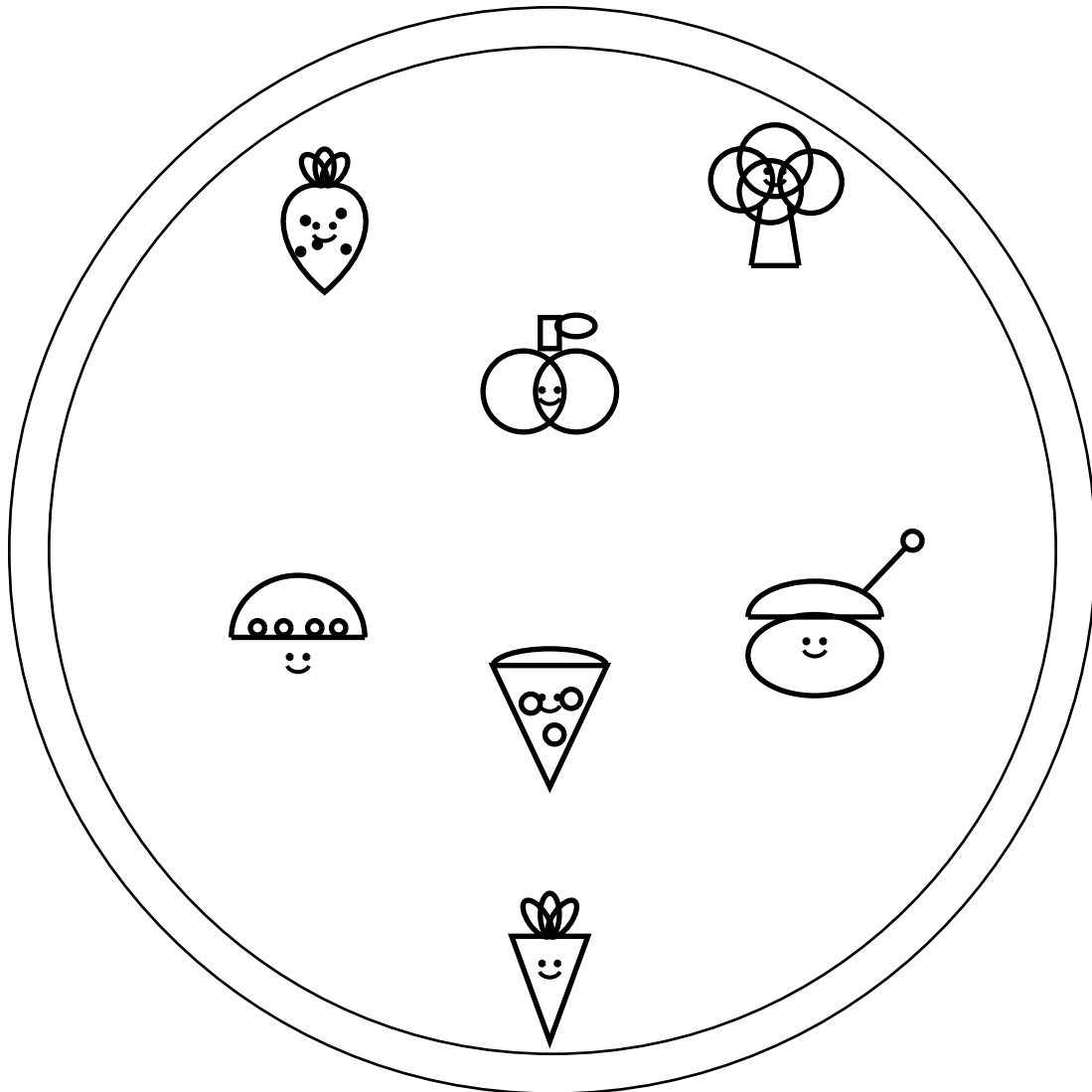
- ☐ I can look, smell, touch, ask, and learn.
- ☐ I may try one tiny bite, or choose another day.
- ☐ I will not call someone else's favorite food yucky.
- ☐ I will celebrate every brave question and discovery.

Color your Curious Fork badge:



COLOR THE ADVENTURE PLATE

Give every food its own wild, wonderful colors.



Circle the food you would most like to learn about.

Its story might begin on a farm, in a family kitchen, or halfway around the world.

TODAY'S CURIOUS BITE

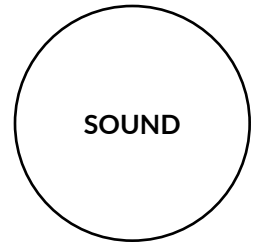
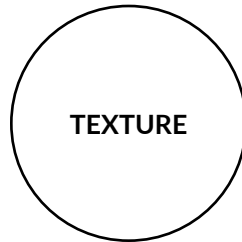
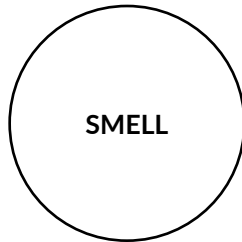
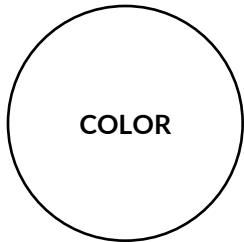
Trying can mean looking, smelling, touching, tasting, or asking a question.

The food was:

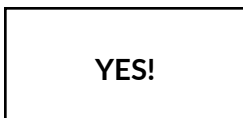
It came from / reminds me of:

Three words that describe it:

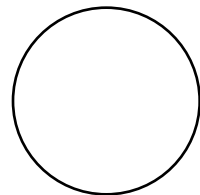
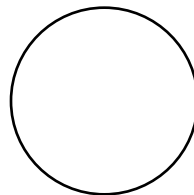
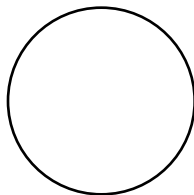
What did you notice?



Would you explore it again?

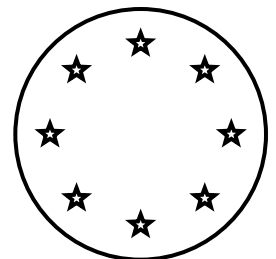
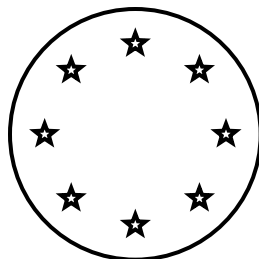
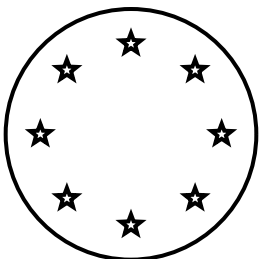
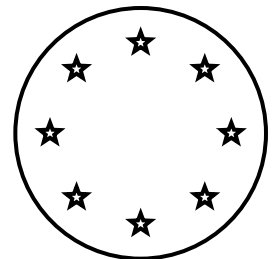
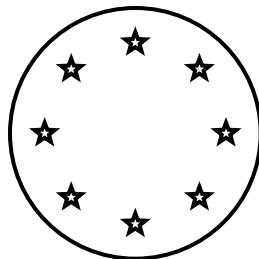
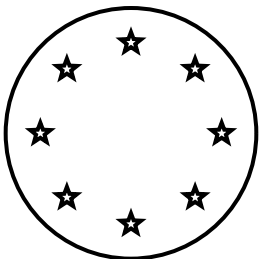
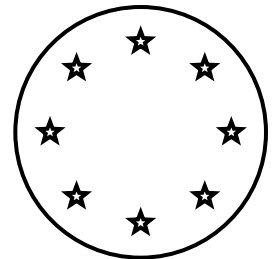
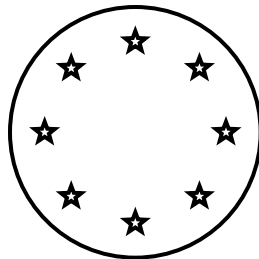
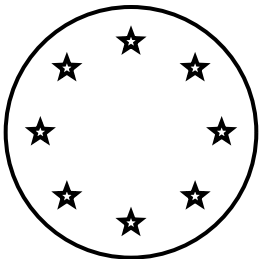
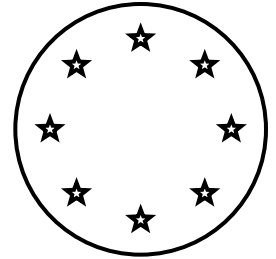
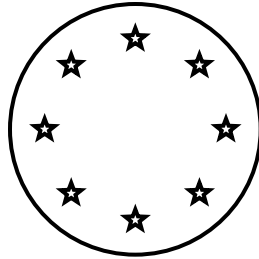
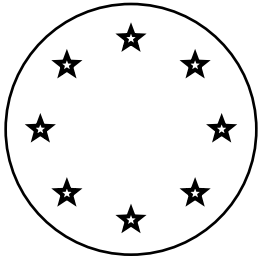


Draw your reaction face:



MY FOOD ADVENTURE PASSPORT

Color one stamp each time you discover a food story.



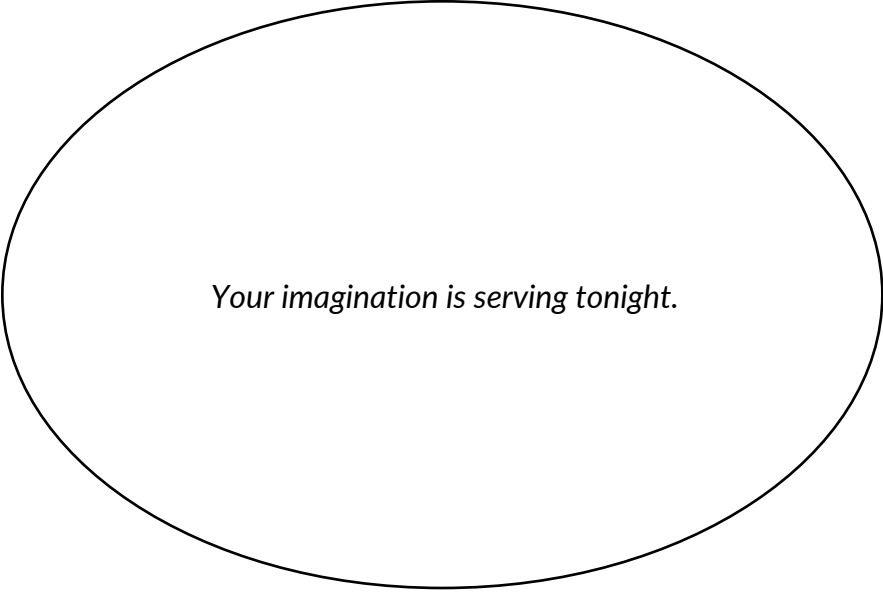
FIND THE CURIOUS FOODS

Can you find and color each food in the busy market?



DRAW YOUR DREAM DINNER

Flying tacos? Purple pancakes? A queso waterfall? Anything belongs here.



Your imagination is serving tonight.

My dream dinner is called: _____

Bonus: Who would you invite to share the table?



CURIOUS FORK CERTIFICATE

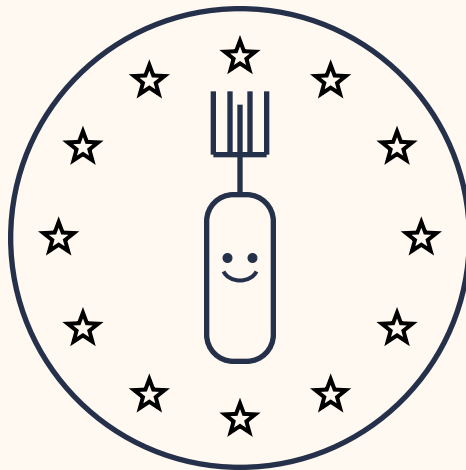


This certificate celebrates

write your name above

FOR BRINGING CURIOSITY TO THE TABLE

by looking, learning, asking questions, and exploring food stories.



Date: _____

Signed: Delia Jo



@diningwithdellajo x Disco Sol Studios

Free printable from The Curious Fork Club