

Restaurant Explorer Passport



This passport belongs to:

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A restaurant adventure can be many things.

You can draw the room, notice a new smell, ask where an ingredient came from, describe a favorite bite, or simply enjoy being together. Trying a food is always optional. This passport rewards observation, kindness, storytelling, and connection instead of pressure.

Earn a passport stamp when you...

1

Notice a color, aroma, sound, or texture

4

Try a bite, only when you choose to

2

Ask a thoughtful question

5

Thank someone who helped make the meal

3

Draw or photograph something memorable

6

Tell a story inspired by the experience

A note for grown-ups

Let the child lead. Neutral language helps: “What do you notice?” works better than “You’ll like it if you try it.”

Restaurant name

City or neighborhood

Date

Who came with me?

First impressions

The room felt...

I heard...

I smelled...

One thing that caught my eye...

My table map

Draw your place setting or something nearby.

My mood today

- ☐ Ready to explore
- ☐ Comfortable
- ☐ Unsure
- ☐ Hungry
- ☐ Not very hungry
- ☐ Something else

Passport stamp earned for:

- | | | |
|-----------------------------------|---------------------------------|---------------------------------------|
| ☐ Noticing | ☐ Asking | ☐ Creating |
| ☐ Kindness | ☐ Trying | ☐ Storytelling |

Sensory Detective

There is no correct answer. Your senses are the clues.

LOOK

Colors, shapes, shine, layers, steam...

SMELL

Sweet, smoky, buttery, bright, earthy...

SOUND

Crunch, sizzle, clink, music, voices...

TOUCH

Smooth, crisp, sticky, soft, chilly...

TASTE, only if I choose

☐ Sweet

☐ Salty

☐ Sour

☐ Bitter

☐ Savory

☐ Spicy

☐ Creamy

☐ Fresh

☐ Other

A word I invented for this bite:

Build a delicious description

A food writer helps readers experience a dish through specific details. Pick a food, drink, place setting, or moment from your visit.

I am describing:

Instead of “It was good,” write...

The crust shattered with a tiny crunch.

Instead of “It looked pretty,” write...

The berries made a red constellation.

Instead of “I did not like it,” write...

The texture felt too slippery for me today.

My three-sentence restaurant story

The place felt...

One detail I will remember...

I would tell a friend...

Someone helped make this visit special

Their name or role

What they did

How it made me feel

Questions I could ask

What dish do you love here?

Where did this ingredient come from?

What is the busiest time of day?

What makes this restaurant special?

A tiny thank-you note

Write one sentence you could share with a server, cook, host, or dining companion.

What made me smile?

What surprised me?

What felt comfortable?

What would I explore next time?

Draw the moment you want to keep

A plate, a person, a funny sign, the view, or anything else.

Passport Stamp Collection

Every stamp can represent a different kind of courage or curiosity.

Noticed something
new

Asked a question

Created a drawing

Told a food story

Showed kindness

Tried by choice

Visited somewhere
new

Shared a memory

Found a comfort
food

Thanked the team

Invented a word

Came back again

Keep exploring. Your plate is not a test.

It can be a map, a memory, a question, or simply dinner.